



**Aeralife Illawong**



## A new era of care



Home. It's a place of belonging, comfort, safety and familiarity, where physical, spiritual and emotional needs are nurtured, fostering connection with others. Aeralife is all this and more. Our residential aged care homes are vibrant, innovative communities that celebrate every resident's life, offering warm sanctuary and rich experiences.

Aeralife, proudly Australian and independently owned, has over 20 years' experience in providing premium residential aged care. Each of our homes across Victoria and New South Wales are a shining example of our innovative, holistic approach to aged care. Our highly experienced teams possess passion and empathy in equal measure. We empower them to forge deep connections with residents, ensuring a more meaningful approach to caregiving.

Our mission is simple: to enable a safe and nurturing community that delights our diverse residents, families and staff.

Aeralife. A new era of care.

# Thrive in a place where respect and harmony live

As an Aeralife community, Illawong radiates the cosy warmth of home. Set amidst lush gardens teeming with abundant native wildlife, residents thrive in an environment of love, respect, and harmony.

We offer a range of care to suit individual needs, including long-term care, short-term respite and memory support for people living with dementia.

With a person-centred approach to care, residents are supported to make choices by being involved in everyday decisions about their care and daily life. We communicate openly and respectfully, and involve families and loved ones in line with the person's wishes.

Residents also play an active role in shaping their community, with regular opportunities to share feedback and contribute to the broader home environment.

With a 24/7 registered nurse on-site and a dedicated Memory Support Unit, we provide round-the-clock support and specialised, innovative care, giving residents and their families confidence, reassurance and peace of mind at every stage of their life.

At Illawong, our compassionate and highly trained staff create a supportive environment and fulfilling lifestyle for our residents. Every resident's quality of life is our top priority.

Illawong offers:

- Long-term care
- Short-term respite
- Memory Support Unit
- Dementia-friendly care
- Palliative care
- Person-centred care
- 24/7 registered nurse
- Hospitality services
- Daily wellbeing activities.





## A beautiful way of life

### Take time out

Caring for a loved one can be both rewarding and challenging. With our comprehensive care services, you can rest assured that your loved one is always supported, leaving you free to enjoy each other's company. Whether it's a trip to Illawong Shopping Village, afternoon tea at Montbleu or a picnic at Albert De Lardes Reserve, you can take time to focus on the good things in life, while we take care of the rest.

We believe life should be filled with joy, purpose and connection. At Illawong, we enrich our residents' lives, providing them with a true sense of home, nutritious meals, fun activities and inviting shared spaces where they can thrive.

Crafted by our talented chefs, meals are freshly prepared daily. Our menu follows a four-week cycle, changing with the seasons to ensure variety and freshness. Residents take pleasure in selecting from a daily menu to suit different tastes and dietary preferences.

Our vibrant lifestyle program offers activities to suit diverse interests and abilities. From strength and movement classes to arts and crafts, cultural outings to musical performances and religious services, there's always something happening at Illawong. For residents requiring specialised dementia care, there's our safe, secure Memory Support Unit and a sensory garden designed by Dementia Australia to promote tranquillity and wellbeing.

Shared spaces include:

- Serene courtyard and leafy garden
- Large dining spaces
- Many lounge areas
- Hair and beauty salon
- Barbecue area
- Men's shed.





Home suite home





Every suite at Illawong is designed to give residents a private and inviting space to call their own. Our suites feature all the amenities needed to make life comfortable, while offering safety and security.

We encourage residents to decorate their suites to their own style, so it truly feels like home. While we provide essential furnishings and amenities, residents are welcome to bring in photos, prints, ornaments, cushions or other treasured items to personalise their space.

At Illawong, suites are single or shared rooms with shared bathrooms. With our focus on creating a homelike atmosphere, our suites provide a welcoming retreat where residents can relax and feel at ease.

Suites include:

- Fitted wardrobe
- Bedside table
- Reverse cycle air conditioning
- Nurse call system
- Sitting chair
- Over-bed table
- Lockable valuables drawer.

Residents can choose to access optional in-room, fee-for-service inclusions, such as a phone, high-speed internet and Smart TV. Please refer to our Higher Everyday Living Services brochure for full details about these and other available services.

**Aeralife Illawong**

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**Book a tour or to find out more:**

1300 564 611

[aeralife.com.au](http://aeralife.com.au)