

Aeralife Northpoint



# A new era of care

Home. It's a place of belonging, comfort, safety and familiarity, where physical, spiritual and emotional needs are nurtured, fostering connection with others. Aeralife is all this and more. Our residential aged care homes are vibrant, innovative communities that celebrate every resident's life, offering warm sanctuary and rich experiences.

Aeralife, proudly Australian and independently owned, has over 20 years' experience in providing premium residential aged care. Each of our homes across Victoria and New South Wales are a shining example of our innovative, holistic approach to aged care. Our highly experienced teams possess passion and empathy in equal measure. We empower them to forge deep connections with residents, ensuring a more meaningful approach to caregiving.

Our mission is simple: to enable a safe and nurturing community that delights our diverse residents, families and staff.

Aeralife. A new era of care.

## Exceptional living in a vibrant community

As an Aeralife community, Northpoint embodies the wholesome spirit of home. Residents in this state-of-the-art home thrive in its grand spaces and modern luxe living. The atmosphere is happy and lively, yet tranquillity can be found in every corner. Flooded with natural light, the living spaces and wide verandahs allow residents to enjoy the fresh air and stunning views of the wetlands and Edgars Creek Trail. A range of care options is offered, including long-term care, short-term respite and memory support for people living with dementia.

We understand that each resident is unique, which is why we take a people-centred approach to care. Every resident receives personalised care and attention, enjoys stimulating activities and wholesome meals tailored to their tastes and cultural preferences.

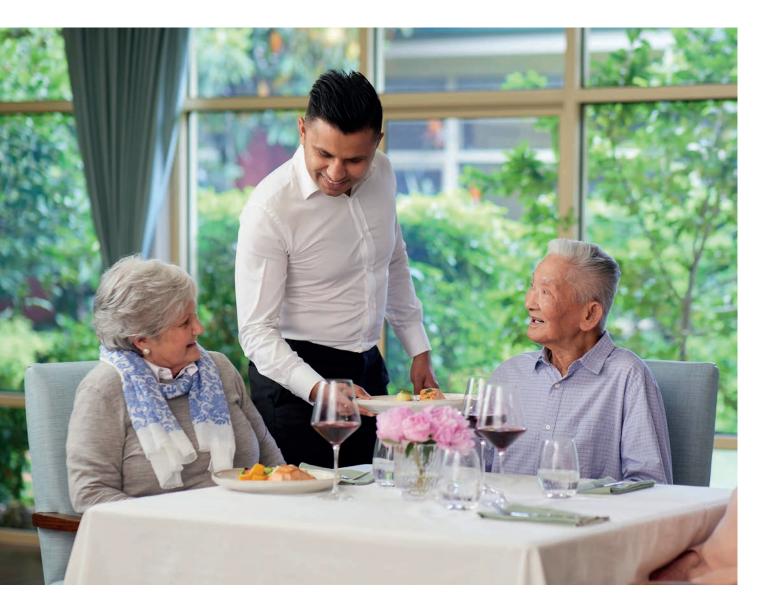
With a 24/7 registered nurse on staff and a Memory Support Unit, we provide round-the-clock support and innovative, specialised care. We prioritise everyone's autonomy by involving people in daily decision-making and maintaining clear communication with families and loved ones.

Our compassionate and highly trained staff work together to create an active and fulfilling lifestyle for our residents, catering to their individual needs as they age. At Northpoint, we empower residents to make decisions about their healthcare and lifestyle needs. Every resident's quality of life is our top priority.

Northpoint offers:

- Long-term care
- Short-term respite
- Memory Support Unit
  Hospitality services
- Dementia-friendly care
- Palliative care
- Person-centred care
- 24/7 registered nurse
- Daily wellbeing activities.





A beautiful way of life

#### Take time out

Caring for a loved one can be both rewarding and challenging. With our comprehensive care services, you can rest assured that your loved one is always supported, leaving you free to enjoy each other's company. Whether it's an outing to one of the nearby parks or reserves, a shopping trip to Epping Plaza or afternoon tea at Grounders Cafe you can take time to focus on the good things in life, while we take care of the rest. At Northpoint, we enrich our residents' lives, providing them with a true sense of home, nutritious meals, fun activities and inviting shared spaces where they can thrive.

Meals at Northpoint are delicious, with our talented chefs crafting freshly prepared dishes daily. Our menu follows a four-week cycle, changing with the seasons to ensure variety and freshness. The waiter table service gives residents pleasure in selecting from a daily menu to suit different tastes and dietary preferences. Our vibrant lifestyle program offers activities to suit diverse interests and abilities. From strength and movement classes to arts and crafts, cultural outings to musical performances, there's always something happening at Northpoint.

Many residents are involved in The Humour Foundation's world-first Laughter Care<sup>™</sup> program, developed to address individual psychosocial needs, to engage, uplift and improve quality of life. For residents who require specialised dementia care, our Memory Support Unit features gardens and courtyards designed to promote tranquillity and wellbeing.

Shared spaces include:

- Retail cafe
- Hair and beauty salon
- Home cinema
- Private dining room
- Therapy room
- Chapel
- Billiard table
- Alfresco and barbecue areas
- Landscaped gardens and courtyards.





## Home suite home





Every suite at Northpoint is designed to give residents a private and inviting space to call their own. Our suites feature all the amenities needed to make life comfortable, while offering safety and security.

We encourage residents to decorate their suites to their own style, so it truly feels like home. While we provide essential furnishings and amenities, residents are welcome to bring in photos, prints, ornaments, cushions or other treasured items to personalise their space. At Northpoint, all suites are single rooms with private ensuites. With a focus on creating an atmosphere that feels just like home, our suites provide a welcoming retreat where residents can relax and be at ease.

Suites include:

- Fitted wardrobe
- Smart TV
- Reverse cycle air conditioning
- Bedside table
- Sitting chair
- Over-bed table
- Nurse call system
- Lockable valuables drawer.



### Aeralife Northpoint

25 Willandra Drive, Epping VIC 3076

Book a tour or to find out more: 1300 564 611

aeralife.com.au