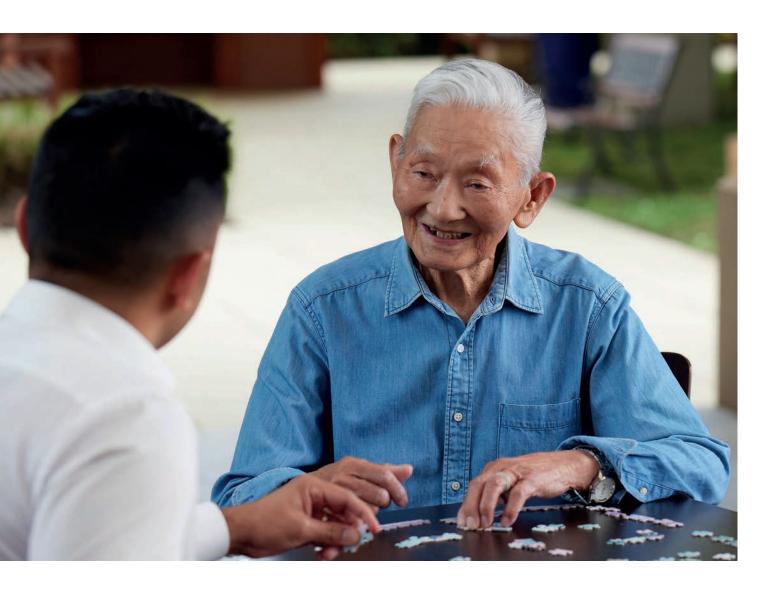


Personalised care for people living with dementia

Memory Support Unit Aeralife Northpoint

The best of care in a homely environment



Our intimate, state-of-the-art Memory Support Unit is purpose-built for people living with dementia. It has been designed to bring residents a sense of belonging, safety, independence and connection to others. Best-practice dementia-friendly design has been used across everything from size, layout, heating and lighting, furnishings, technology and equipment to the dining experience and care model. There are special gardens and courtyards too, designed to promote positive mental and physical health benefits. All to ensure a vibrant, happy life for your loved one.

Just like home

The Memory Support Unit is a smaller home-like care model for just 14 residents. Being small means we're able to offer highly flexible, personalised daily care better suited to each resident's individual preferences. There are no fixed schedules; instead, residents are empowered to make choices, from mealtimes to showers, just as they would in their own homes. This freedom to choose is specifically designed to promote a sense of familiarity, comfort, and security, ensuring every resident feels truly at home.

A place where care is truly personal

Our person-centred care approach means that we'll help your loved one to continue taking part in the things they enjoy. Every person's care plan will be tailored to their interests, preferences, culture, history, lifestyle and personality.

World-first Laughter Care™ program

Introducing Humour Foundation's Laughter Care $^{\text{TM}}$ program into resident's lives has seen a transformation through purpose, happiness and confidence, while strengthening their relationships with others.

Each resident will be involved in the program, developed to address their individual psychosocial needs that engages, uplifts and improves their quality of life. Penny, our dedicated and highly skilled Laughter Care Specialist, accepts people for who they are, here and now, and is uniquely skilled at stepping into the resident's world, ensuring they are relaxed and can interact on their own terms.

Best practice dementia care

We have partnered with Dementia Australia's education team to deliver Advanced Dementia training to our care teams. This will equip them with best-practice strategies for effective connection and communication to create a strong yet flexible care community.

We are also affiliated with award-winning suppliers of play based products such as Tover. These products bring an enhanced quality of life through purposeful play. As our Memory Support Unit is secure, you can rest assured your loved one will be safe as they move freely amongst the lounges, dining areas and gardens.

At a glance:

- Accredited therapy sessions focused on enhancing health and wellbeing
- Advanced dementia trained nurses and care support team
- Dementia assistive technology and spaces that enhance independence
- Dementia specific, vibrant lifestyle and wellness services when they want
- Flexible mealtimes
- Home-style dining experience and functional kitchen for Resident use.

